

# Genu-Ranger® II Adjustable Post Op Knee Brace

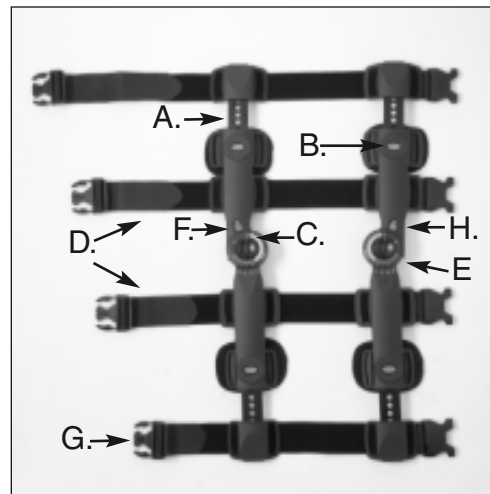
*Controlled range-of-motion for post traumatic, post surgical repair of the knee*



## APPLICATION INSTRUCTION

- A. Adjustable/Removable Strut
- B. Length Adjustment Button
- C. Flexion Setting
- D. Adjustable Straps
- E. Extension Settings
- F. Drop Lock Button
- G. Buckles
- H. Inside Lock Button

This product has been designed and tested for single patient use and is not recommended for multiple patient usage. If the patient experiences increased pain, swelling, sensation changes or any adverse reactions while using this consult your medical professional immediately. Always consult your physician or therapist before making any adjustments to the brace. Proper rehabilitation and activity modification are also essential parts of a safe treatment program. Federal law prohibits this device to be sold or ordered by anyone who is not a licensed health care practitioner.



1. Secure and fasten all soft goods. Ensure the patella remains exposed and that the medial and lateral hinges are aligned just above mid-patella.



2. To determine brace length, position the hinge pivot center slightly above the knee joint midline.



3. To increase length of the strut, push length adjustment button. Position and alignment marks are provided on the metal strut. When desired side strut length has been achieved, release the length adjustment button. To decrease the length of the strut, the extension bars may be completely removed to minimize length to 17". After length is determined, trim soft goods padding as necessary. (Premium soft goods only).



4. Fasten buckles and adjust strap length, starting with the two straps closest to the knee. Straps may be trimmed if necessary. If straps are trimmed, secure straps using supplied hook.



5. To adjust range of motion, move inside lock to the unlock position. Slide the flexion or extension tabs until the desired degree of flexion or extension is reached. Move the inside lock to the locked position.



6. To set the hinge lock, determine the desired lock angle. Align the setting arrow on the hinge to the appropriate angle as marked under the hinge. Slide the drop lock button to secure the angle of the hinge.



7. To remove the brace, release buckles and open the foam pads. The brace can then be removed and reapplied as a single unit.

## Washing Instructions

1. This product may be cleaned using a mild detergent and cold water. Remove hinge assembly before washing. Do not use bleach or strong detergents. Do not wash in washing machine or place in dryer.
2. Lay brace out flat on a towel and air dry. Do not squeeze or wring out the brace. Do not place in dryer or near heater.

**Reorder No.**  
0814 1613  
0814 1614

**Size**  
Regular  
X-Large

**Length**  
24"  
24"

**Thigh Circumference**  
Up to 27"  
27" - 35"

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